



INTERACT  
FOR HEALTH

Join the

**FUN**

# Mommy ♥ Me Fitness Classes

Lead by certified barre instructor,  
Abby Zinser!

Saturdays - 9 a.m. - 10 a.m.

**FREE!**

All fitness levels welcome!

\*\*Barre inspired stroller workout

**please bring stroller!**

visit [www.clermontparks.org](http://www.clermontparks.org) for  
more info



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